

PIONEERING PROFESSOR PITFALLS

#1 'I'm too busy!'

Solution: Set a sacred time for writing each week. Silvia (2014) suggests setting aside 4 hours each week for writing.

#2 'I need to read more before I write!'

Solution: The common perception that a scholar needs to read more can often inhibit the writing process. Silvia (2014) suggests authors just start writing!

#3 'I am waiting to write until I feel like it!'

Solution: A writing routine is a better friend than inspiration (Silvia, 2014).

#4 'I get distracted by my other responsibilities!'

Solution: Establish an accountability partner or Agraphia Group.

#5 'Email dings and phone rings.... I can't keep focused!'

Solution: From interruption to resuming focus takes 15-23 minutes (Mark, Iqbal, et.al, 2015). When writing turn off all digital notifications and instead of reading emails throughout the day set a specific time to read and respond to contacts.

#6 'People are in and out of my office!'

Solution: Interruptions consume 28% of a knowledge worker's day (Spira, 2005). Use your syllabus to model a commitment to lifelong learning, improved instruction, and effective time management.

Example Syllabus Entry

A NOTE REGARDING OFFICE HOURS AND EMAIL

Open office hours are Mondays 10:00am until 1:00pm. Students are encouraged to drop by during these hours to discuss the course or anything else. If students are not able to meet during this designated time please contact the professor by email to schedule an appointment. Include 3-4 available times. Students are also encouraged to email questions about course content to the professor. The professor attempts to respond to emails within 48 hours. Weekdays between 10:00-11:00am is the time set aside by the professor to correspond to questions via email.

COMING FALL 2017

MNU Agraphia Group

- Meet with like-minded colleagues.
- Get inspiration.
- Set concrete goals
- Monitor progress
- Celebrate accomplishing goals!

Contact:

Mary Murphy
mmurphy@mnu.edu

Qualitative nVivo Training

Interested in qualitative research? Faculty will have opportunity for training in an innovative qualitative data analysis software.

Contact:

Jill Gonzalez-Bravo
jegonzalezbravo@mnu.edu

Slow Down & Eat

Would you believe it if I say slow down to speed up? This lunch and learn looks at the principles presented in the book "The Slow Professor" to help increase job satisfaction and overall productivity as a scholar.

Contact:

Todd Frye
tmfrye@mnu.edu

Temporarily Unavailable



PIONEERING PROFESSOR

Scholarly Work in Progress

MIDAMERICA

NAZARENE UNIVERSITY